

For further information or to
arrange an appointment
telephone:

028 3834 2825

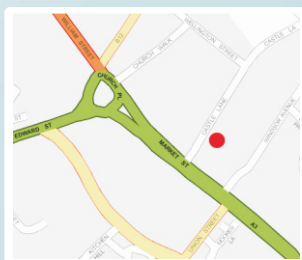
Suggested Voluntary Contribution:

Assessment: no fee

Employed Person : £30-£10

Unemployed Person: £15-£5

How to Find Us



Registered Charity recognized by the Inland
Revenue No: **XR81143**

Registered in Northern Ireland Company
No: **NI053921**

028 3834 2825

23a Castle Lane
Lurgan

Co. Armagh

BT67 9BD

www.linksproject.org

links.counselling@btconnect.com



Links Counselling Service

*helping people walk through their times
of pain and difficulty and work towards
constructive change and growth*

Our Counselling Service is

- **Confidential:** By appointment
- **Available to All:** Members of the community in Lurgan and beyond regardless of gender, race, creed or culture
- **Professional:** All our counsellors are trained to professional standards and work according to the British Association for Counselling & Psychotherapy Ethical Framework and the Code of Ethics of the Association of Christian Counsellors. All our counsellors attend regular supervision with a trained supervisor
- **Offered through a Christian ethos:** Our Counselling is offered through a Christian worldview, is non-judgemental and client centred



Our Service offers help with issues such as

Stress and Anxiety

Sexual Abuse

Bereavement

Relational Difficulties

Depression

Anger

Spiritual Issues

Gender Issues

The Process

- **Referral:** Anyone may contact us directly or be referred by G.P. Health Professional, Minister or friend
- **Assessment:** We offer an assessment interview to provide an opportunity for clients and counsellor to explore whether Links Counselling Service is the most suitable for them at this time
- **Counselling:** If appropriate, clients are then assigned to a suitable counsellor. Our sessions last one hour and progress is reviewed regularly by client and counsellor